



Festival of **LIFE & DEATH**

THE WORLD'S BIGGEST EVER EVENT FOR SUICIDE AWARENESS AND PREVENTION

8TH SEPTEMBER 2018, 10-6PM, SHELLEY THEATRE

Shelley Manor, Beechwood Ave, Bournemouth BH5 1LX.



*Join us along with others world wide,
celebrating life; being honest about
death and suicide.*

*Removing the 'taboos' to talk freely about
the issues and emotions that can lead to
contemplation of suicide.*

*Free taster sessions with therapists,
counsellors and practitioners.*

*Take part in workshops to help access and
bring out unexpressed thoughts, feelings
and emotions, such as creative writing and
song-writing plus music and movement
(for kids of all ages).*

**INSPIRATIONAL
SPEAKERS
FREE COUNSELLING
& WORKSHOP TASTER
SESSIONS WITH
A VARIETY OF
PRACTITIONERS.**

PROMOTING EMOTIONAL WELL BEING & RESILIENCE

festivaloflifeanddeath.org | Facebook & Twitter #lifedeathfest

info@festivaloflifeanddeath.org | Tel: 01202 302565